

# THE GREENERY Autumn lunch menu 2018 MALAHIDE

(Serving lunch from 12noon to 4pm)

## Lunch Menu

### Starters

Soup w/ homemade brown bread 5.5

Crispy Buffalo wings w/ celery stick and blue cheese 8/12LARGE

### Salads

Warm roast pesto chicken salad w/ lemon, tarragon, chickpeas. Fennel, crouton, pine nut, avocado & parmesan 12

Kilkee Crab salad w/ Avocado, fennel, sun blushed tomato, caper dressing, pea & micro sprouts 14

Goats cheese Salad w/ balsamic shallots, vinaigrette pears, beets & squash 12

### Protein Bowls

Teriyaki Salmon Rice bowl w/ pickle ginger, broad beans, wakame, pine nuts, sesame seeds, pineapple & shaved cucumber 12.5

Warm Vegan Rice Bowl – Hearty brown rice, seeds, corn, garlic, cashew nut, green beans, pomegranate, cauliflower, beets & broccoli 11

### Sandwiches

Quesadilla served w/ guacamole, sour cream & salsa, Cajun chicken & peppers 12

Philly Steak Sandwich & sweet fries 13

Healthy Avocado sandwich on brown seed bread w/ shaved cucumber, chilli, capers, smoked salmon, watercress salad & poached egg top 12

### Burgers

Homemade Classic Burger w/ cheese and choice of homemade fries 12

Buttermilk Fried Chicken Burger w/ Louisiana hot mayo, Kentucky slaw, pickle & fries 12.5

### Fish

Market Fish of the Day 16

### Desserts

Bailey's Cheesecake 6

Blueberry crème brulee & Scottish shortbread 6

Pecan & Toffee Roulade 6

Chocolate Mousse dome 6

### Wine by Glass

Marquis de Goulaine Sauvignon blanc 7.5

Oynos Pinot Grigio 7.5

Victoria Park Chardonnay 7

GL Marquis de Goulaine Merlot 7

Altaland Malbec 8

Colimoro Montepulciano 8

### Juices

Fresh Valencia Orange Juice 4.5

Dr Green (All green veg) 5

Orange Tonic (Orange, carrot & pineapple) 5

### Smoothies

Strawberry & Banana 5

Mixed Berry 5

### Coffee & Tea

Americano 2.8

Cappuccino 3.1

Flat white 3.1

Latte 3.1

Pot of Tea 2.5

Herbal tea 3